

**Boston
Scientific**
Advancing science for life™



One Time. For a Lifetime.

Over 600,000 people worldwide have reduced their stroke risk and left blood thinners behind with the WATCHMAN Implant. **See if you may be a candidate.**





Over **600.000** people globally have left blood thinners behind for life with the WATCHMAN™ Implant.

Life with AFib can mean a lifetime of blood thinners. And if you have experienced complications, worry follows you everywhere. For 600.000+ people globally, that worry is gone thanks to the WATCHMAN Implant.

The WATCHMAN Implant is a safe, minimally invasive, one-time procedure that reduces your stroke risk without the need for lifelong blood thinners.*† It has a high 99% success rate** and a low 0.5% rate of major complications.††

As with any medical procedure, there are risks associated with the WATCHMAN Implant, ask your treating doctor to get to know more and if you are an eligible patient.

Get to know the WATCHMAN Implant.

Inside this brochure, you'll find the following helpful information:

- Stroke risk reduction treatment options
- What the WATCHMAN Implant is and how it works
- Before, during, and after your procedure
- Living life with the WATCHMAN Implant

*In a clinical trial >96% of patients were able to discontinue their blood thinner 45 days after getting the WATCHMAN Implant

**Procedure success defined as successful delivery and release of a WATCHMAN FLX device into the LAA.

† In a post-FDA approval analysis. Major complication is defined as an occurrence of one of the following events between the time of implant and within 7 days following the procedure or by hospital discharge, whichever is later: all-cause death, ischemic stroke, systemic embolism, or device or procedure related events requiring open cardiac surgery or major endovascular intervention.

1. Kar, S., et al, Primary Outcome Evaluation of the Next Generation LAAC Device: Results from the PINNACLE FLX Trial, Circulation, 2021.

Stroke risk reduction treatment options

The goal: reducing your stroke risk.
Blood thinners are one way.

Blood thinners reduce the risk of clots that could lead to a stroke.

The blood thinner Warfarin (also known as Coumadin®) has been around for more than 60 years. Newer blood thinners include Eliquis® (apixaban), Pradaxa® (dabigatran), Xarelto® (rivaroxaban), and Savaysa® (edoxaban).

These medications are effective, but because they prevent clots by thinning the blood, they can come with challenges and may increase your risk of bleeding.



Major and minor bleeding risks from other medical conditions or falls



Your job or hobbies could result in bleeding or bruising



Difficulty with once- or twice-daily pill dosing



Complications during surgery



Lifelong needed medication



If taking warfarin, regular monitoring and food/drug interactions



The WATCHMAN™ Implant can be considered as an alternative to blood thinners.

This safe, minimally invasive, one-time implant reduces your stroke risk without the need for lifelong blood thinners.^{†2}

Did you know?

Blood thinners can increase bleeding risk over time.

People who take blood thinners for 10 years may be at a 6-9x higher risk of bleeding due to prolonged use.^{*1}

Is the WATCHMAN™ Implant right for you?

The WATCHMAN Implant is for people who have AFib not caused by a heart valve problem (also known as non-valvular AFib) and have been prescribed blood thinning medicines by their doctors, but need to consider an alternative solution due to bleeding complications or blood thinners contraindications.

Talk to your doctor about the benefits and risks. Together, you'll decide if the WATCHMAN Implant is right for you.

In a clinical trial

96%

were able to discontinue their blood thinner 45 days after getting the WATCHMAN Implant.¹

* Assumes constant risk despite increasing age, and bleeding risk is independent from bleeding risk in previous years

† In a clinical trial >96% of patients were able to discontinue their blood thinner 45 days after getting the WATCHMAN Implant

1. Turagam MK, Parikh V, Afzal MR, et al. *J Cardiovasc Electrophysiol*. 2017; 28: 853-861.

2. Kar, S., et al, Primary Outcome Evaluation of the Next Generation LAAC Device: Results from the PINNACLE FLX Trial, *Circulation*, 2021.

1. Kar, S., et al, Primary Outcome Evaluation of the Next Generation LAAC Device: Results from the PINNACLE FLX Trial, *Circulation*, 2021.

What is the WATCHMAN™ Implant?

The WATCHMAN Implant is a small, adaptable implant about the size of a 1 pound coin. It is made from very light, compact materials commonly used in many other medical implants.

It is placed into your heart during a short, minimally invasive procedure. **It does not require open heart surgery and never needs to be replaced.**

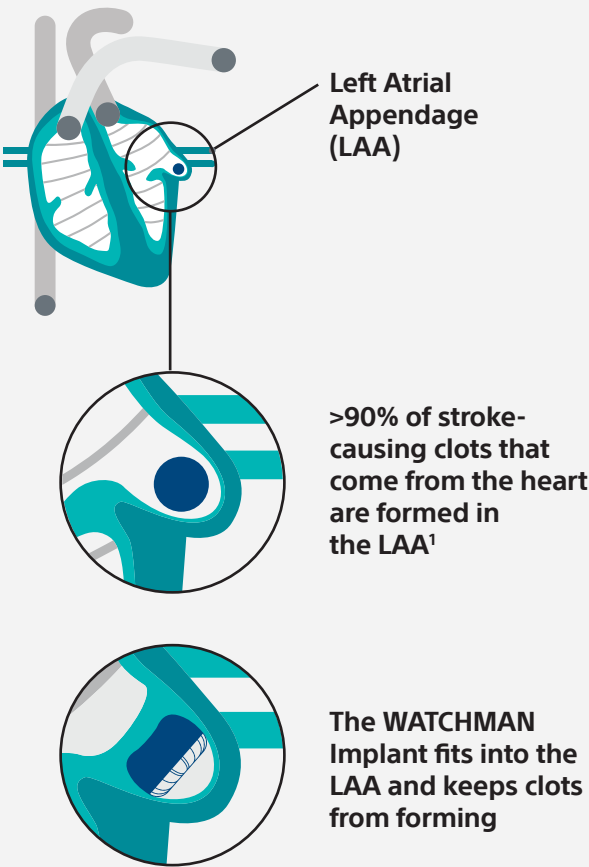


How exactly does it work?

Understanding how the WATCHMAN Implant works, it helps to understand the connection between AFib and stroke.

Atrial fibrillation, affects your heart's ability to pump blood normally. This can cause blood to stagnate in an area called the left atrial appendage, or LAA. There, blood cells can stick together and form a clot. When a blood clot escapes from the LAA it can travel towards the brain and eventually cut off blood supply there, causing a stroke^{1,2}

In people with non-valvular Afib, **more than 90% of stroke-causing clots that come from the heart are formed in the LAA.**¹ That's why closing off this part of the heart is an effective way to reduce stroke risk.



The WATCHMAN Implant fits right into your LAA. It's designed to permanently close it off and keep those blood clots from forming.

1. Blackshear JL, Odell JA. Appendage obliteration to reduce stroke in cardiac surgical patients with atrial fibrillation. *Ann Thorac Surg.* 1996;61:755-759.
2. Left Atrial Appendage Closure (LAA). Cleveland Clinic. Available at: <https://my.clevelandclinic.org/health/treatments/17167-left-atrial-appendage-closure>. Accessed June 10, 2024.
3. FAQ About AFib. American Heart Association, Inc., 2023. Available at: www.heart.org/-/media/Files/Health-Topics/Atrial-Fibrillation/FAQ-About-AFib.pdf. Accessed June 10, 2024.

Did you know?

AFib increases stroke risk.

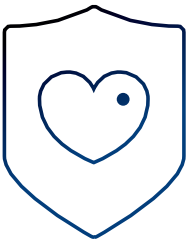
On average, a person with AFib is 5x more likely to suffer a stroke than someone with a regular heartbeat.³



Advanced, heart-friendly design.

WATCHMAN is a proven safe implant option. With a high implant **success rate of 99%** and **low major complication rate of 0.5%** it can fit to majority of patients and can be considered as the one time alternative solution to blood thinners

See back cover for important safety information, and talk to your doctor so you fully understand all the benefits and risks of the WATCHMAN Implant.



600.000+
20 years

Learn more about the WATCHMAN Implant and how it works at watchman.com/uk



* Procedure success defined as successful delivery and release of a WATCHMAN FLX device into the LAA.
** In a post-FDA approval analysis. Major complication is defined as an occurrence of one of the following events between the time of implant and within 7 days following the procedure or by hospital discharge, whichever is later: all-cause death, ischemic stroke, systemic embolism, or device or procedure related events requiring open cardiac surgery or major endovascular intervention.
1. Kar, S., et al, Primary Outcome Evaluation of the Next Generation LAAC Device: Results from the PINNACLE FLX Trial, *Circulation*, 2021.

Before, during, and after your procedure

The WATCHMAN™ Implant procedure: What to expect.

The decision to get the WATCHMAN Implant is shared between you and your doctor. You'll talk about what's important to you, and the procedure's risks and benefits. Together, you'll decide whether the WATCHMAN Implant is the right choice for you. If so, here is what comes next.

Getting ready.

Choose a medical center.

Your doctor will guide you to identify a center. Typically, the medical center will call you to schedule a consultation, or your doctor's office may schedule it for you.

Have an exam and imaging test.

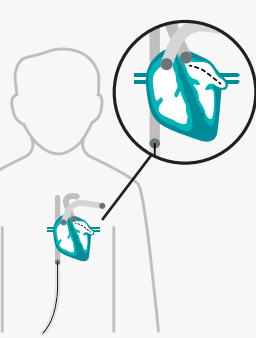
In addition to a physical, you may have pictures taken of your heart so the doctor can see your LAA and to make sure you don't have an existing blood clot.

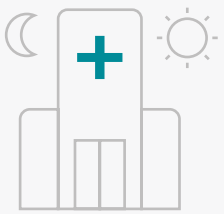
Set the date for your WATCHMAN Implant procedure.

Your doctor and implant team will tell you how to prepare. Make sure you understand all the instructions, including what medications you should and should not take, and ask any questions you have.

Procedure day.

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To begin the procedure, your doctor makes a small cut in your upper leg and inserts a narrow tube.
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Your doctor guides the WATCHMAN Implant through the tube, into your left atrial appendage (LAA).
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The procedure is typically done under general anesthesia, so you'll be asleep and won't feel any pain. Most people who get the WATCHMAN Implant stay in the hospital for a day.
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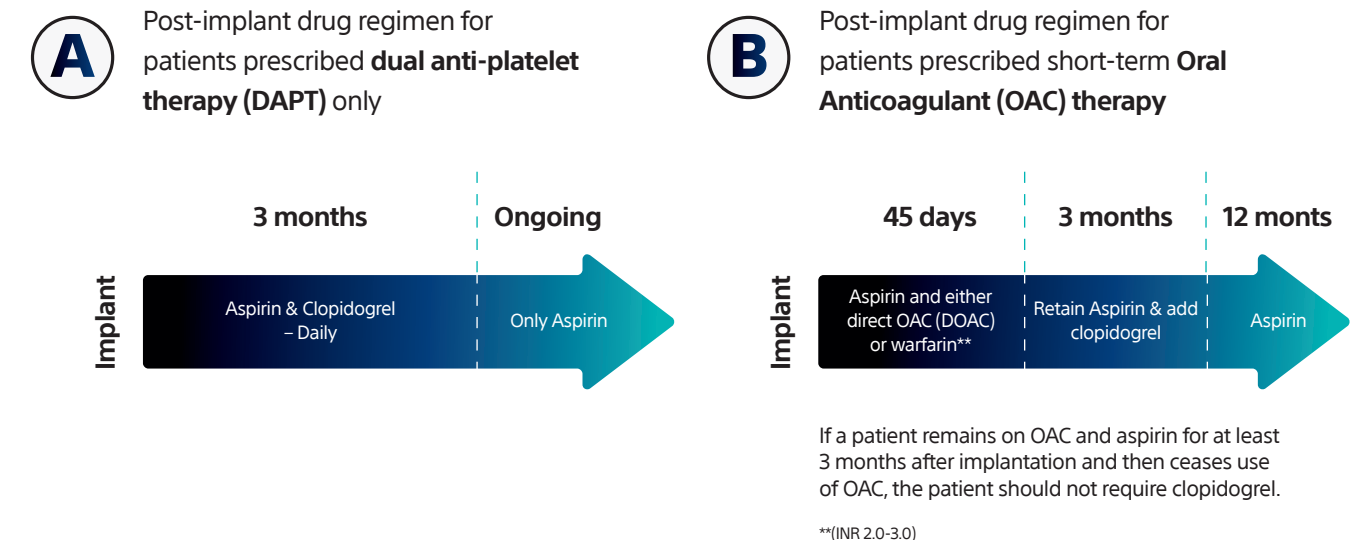
After the procedure, your own heart tissue will grow over the WATCHMAN Implant to form a barrier against blood clots.



Your first year with your WATCHMAN™ Implant.

Your doctor will prescribe a medication regimen after your procedure that is right for you.

Options A & B below are indicative post implant drug regimes for patients that underwent LAAC. The final decision of medical treatment for LAAC patients should only be based on physician assessment of individual patient characteristics such as bleeding risk, stroke risk and patient preference.



Medication requirements.

These medications are taken until your left atrial appendage (LAA) is completely closed off. Whichever option is chosen, it's important that you discuss your medications with your doctor and do not change or modify your medications or dosages unless prescribed by your doctor.

Returning to routine.

Most people can resume their normal activities and routine within a few days. Check with your doctor before resuming exercise or anything strenuous.

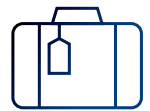
Follow-up visits.

You may have follow-up appointments after your procedure to have an imaging test to check on the implant and make sure your left atrial appendage (LAA) is sealed. Discuss scheduling your follow-up appointments with your doctor.

WATCHMAN. One Time. For a Lifetime.

The WATCHMAN Implant may provide a lifetime of stroke risk reduction that lets you leave blood thinner worries behind. After the WATCHMAN Implant procedure, life is a lot less restricted. Without the constant concern of blood thinner bleeds following you everywhere, you're freer to be active, to travel, to go where you want to go, and to do what you want to do.

Out in the world with the WATCHMAN Implant.



Travel.

Your WATCHMAN Implant will not set off metal detectors, so you can go through security screenings without worry.



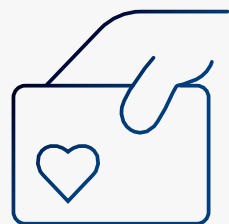
Medical & Dental Procedures.

Always tell your doctor or dentist that you have a WATCHMAN Implant so they can work with your doctor to determine the best way to provide treatment—especially if the procedure requires you to stop taking your medications as prescribed.



MRI.

If you need an MRI (magnetic resonance imaging), it's important to show the doctor and MRI technologist your WATCHMAN Implant Card. The WATCHMAN Implant is "MRI conditional," which means you can safely have an MRI when your technologist takes certain precautions.



What is a WATCHMAN Implant Card and why do I need it?

You'll get a WATCHMAN Implant Card from the medical center that performs your procedure. This very important card lets medical personnel know that you have the WATCHMAN Implant. Remember to carry it with you at all times and register it in case it gets lost.

After the implant you must get your WATCHMAN Implant card from the medical center & staff that performed your procedure.



Want to know more? Let us answer your questions.



Download our discussion guide

Ready to talk to your doctor about the WATCHMAN Implant? We make it easy. Answer a few questions and get a discussion guide that's customized to your needs.

Download it at watchman.com/uk

When I was on blood thinners, it was always a different life. WATCHMAN was a lifesaver. It put me back to being who I was.

Cliff, 68



I was restricted on blood thinners and now I can just go to where I want to go and do what I want to do.

Michael, 79



With WATCHMAN, I can forget about the concern of a stroke. I can forget about the concern of side effects from drugs and just try to live a happy, healthy life.

AJ, 68



Post-procedure, I was in the hospital for 24 hours with great food and a wonderful staff, and then home relaxing for the next week with a bit of limitation on strenuous activity.

Sean, 84

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