

# **IS WATCHMAN RIGHT FOR YOU?**

Answer the questions below to help you and your cardiologist decide if WATCHMAN is the right choice for reducing your risk of stroke.

Do you have AFib not caused by a heart valve problem?
Yes No Not sure
<b>Has your doctor recommended that you take a blood thinner?</b> A blood thinner, or anticoagulant, is a prescription medicine that you take to help keep blood clots from forming. Common blood thinners include warfarin (also known as Coumadin®), Pradaxa®, Xarelto®, Eliquis®, and Savaysa®.
Yes No Not sure
Do you have a history of major bleeding while taking blood thinners?
Yes No Not sure
Do you have a lifestyle, occupation, or condition that puts you at risk for bleeding? An active lifestyle or occupation that puts you at higher risk for falls or other types of trauma may increase your bleeding risk. In addition, an occupation or hobby that requires extensive use of sharp tools or makes you prone to injury in other ways may increase your bleeding risk. Similarly, a health condition (like low vision) can increase your risk. Talk to your doctor about any activities you do or conditions you have that may increase risk for falls or injury.
Yes No Not sure
If you're taking warfarin (also known as Coumadin®) and cannot take a different type of blood thinner, do you have trouble: (check all that apply)
Staying within your recommended blood clotting range?*
Remembering to take your medicine regularly? Sticking to dietary restrictions, such as avoiding alcohol?
This question does not apply to me
* This measurement, known as INR (International Normalized Ratio), is a test of how long it takes for your blood to clot.

#### Learn more about WATCHMAN

Visit WATCHMAN.com or call a patient education specialist at 1-855-893-2605.



### Other questions to ask your doctor about WATCHMAN

- Am I a candidate for the WATCHMAN Implant?
- How does WATCHMAN work to reduce my stroke risk?
- How does WATCHMAN compare to warfarin?
- Is WATCHMAN safe?
- What are the risks of the procedure?

- How is the procedure performed?
- How long does the procedure take?
- How long will I have to stay in the hospital?
- How long does it take to recover?
- When can I stop taking blood thinners?

#### WATCHMAN medical centers in your area:

Use the location finder at **www.watchman.com/centers** to see 3 medical centers near you, and write them down here:

1	
2	 -
3	

If you and your cardiologist decide that WATCHMAN is the right for you, you may be referred to one of these centers. Note that there may be additional medical centers available in your area.

## **Cost and Coverage:**

WATCHMAN is covered for eligible Medicare patients who meet certain national coverage criteria. It is also covered by an increasing number of commercial insurers. Your doctor's office may be able to help you find out what your coverage is.

# Brief Summary for WATCHMAN™ Left Atrial Appendage Closure Device from Boston Scientific

The WATCHMAN Device is a permanent implant designed to close the left atrial appendage in the heart in an effort to reduce the risk of stroke.

With all medical procedures there are risks associated with the implant procedure and the use of the device.

The risks include but are not limited to accidental heart puncture, air embolism, allergic reaction, anemia, anesthesia risks, arrhythmias, AV (Arteriovenous) fistula, bleeding or throat pain from the TEE (Trans Esophageal Echo) probe, blood clot or air bubbles in the lungs or other organs, bruising at the catheter insertion site, clot formation on the WATCHMAN™ Closure Device, cranial bleed, excessive bleeding, gastrointestinal bleeding, groin puncture bleed, hypotension, infection/pneumonia, pneumothorax, pulmonary edema, pulmonary vein obstruction, renal failure, stroke, thrombosis and transient ischemic attack. In rare cases death can occur.

Be sure to talk with your cardiologist so that you thoroughly understand all of the risks and benefits associated with the implantation of the WATCHMAN Device.

